



INTERNATIONAL WORKSHOP

VALENCIA

March 23, 24 and 25
2026



Valencia Public Library (Pilar Faus)

Café-book club · Jerusalem Convent Health Center

Circle of Empathy · Art, Health and Wellbeing



Co-funded by
the European Union



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Projects
For
Europe

Project number: 2025-1-IT02-KA210-ADU-000350376



INTERNATIONAL WORKSHOP

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Museum of Fine Arts of Valencia

Art and Shadow · Art, Health and Happiness

MUSEU
BELLES ARTS
VALÈNCIA



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Workshop program · Happiness Valencia · March 2026

Happiness in practice: Positive Psychology and Community Resilience

Workshop program

Valencia Public Library (Pilar Faus) Carrer de l'Hospital, 13. Enter from the back.

Monday · March 23 – Book Club · Fiction as an Encounter

*10:00 – Coffee and reading club · Jerusalem Convent Health Center Facilitated by Paco Inclán (Pilar Faus Library) and Domingo Ferrandis Excerpts from The Door, by Magda Szabó
Crochet activity led by Marisela Ríos*

13:00 – Free lunch

14:30 – Transnational meeting of the SOLIS-ESA-PFE project · Afternoon – Leisure · To understand Valencian idiosyncrasies

Valencia Public Library (Pilar Faus)

*Tuesday, March 24 – Empathy Circle – Art, Health and Wellbeing Morning – Empathy Circle
Coordinated by Salvador Espert (Convento Jerusalén Clinic), Ana María Solís and Domingo Ferrandis, with healthcare professionals, nurses, seniors and participants of Happiness*

Midday – Shared meal – Sharing the table as a community practice Afternoon – Cultural visit (optional) – Valencia and happiness: the civilizational layers of the city

Valencia Museum of Fine Arts. Carrer de Sant Pius V, 9.

Wednesday, March 25 – Art and Shadow – Art, Health and Happiness

10:30 – Community of Practice · SOLIS · Launch of the three-country community

11:00 – Workshop evaluation · Distribution of PFE questionnaires

12:30 – Museum of Fine Arts · Guided by Estrella Rodríguez Roncero Light and shadow as duality

13:10 – Ambassador Vich Courtyard · Museum Coordinated by Domingo Ferrandis · Dramatized allegory and plastic iconography

13:30 – Museum courtyard · Project catering · Live music



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<https://www.happinesspractice.com>



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